



"MY HAPPY ENDING" & THERAPEUTIC DOCUMENTS

A fascinating 2-day Workshop NOV 9 - 10

1. Children Caught In Family Violence in Singapore

What's their story? So often the neglected party, how are they affected?

Here, Jocelyn uses narrative therapy principles and practices to respond to children who have experienced violence in their families. Using child-friendly metaphors and stories to encourage children to use externalization as a way of viewing violence and other difficulties in their lives, she will share how this decreases the influence of family violence in children's lives and to increase their personal agency.

2. Therapeutic Documents

The use of therapeutic documents is a key aspect of narrative practice. There are 4 categories of document - **letters recording a session, documents of knowledge and affirmation, news documents and documents to contribute to rites of passage**. It is often said that a document is worth 10 sessions of therapy and Fareez will expound on this more

Andrew Ponniah and Ian Poulier will give each participant a FREE copy of their narrative document in life - "Heartwarmers". Be sure you receive one!

Venue: Katong V Hotel

Time: 9 am - 5 pm

\$600.00 per person



Jocelyn Lee is a social worker who works with FamilyWorks Community Services a community arm of the Methodist Welfare Services (MWS) and is passionate about incorporating narrative ideas with her work in youth, children and young people and is the author of Responding to Children in situations of Family Violence in the International Journal of Narrative Therapy and Community Work, 2017 from which she will be sharing about.

Mohd. Fareez is the Centre Head of Fengshan FSC in Ang Mo Kio and is involved in the teaching of the Introduction to Narrative Therapy component in Singapore. He is actively involved in using narrative practices in his agency and will introduce you to writing therapeutic documents like his "Life Certificate"



Jocelyn and Fareez are graduates of the Masters In Narrative Therapy and Community Work from the University of Melbourne and Dulwich Centre South Australia