

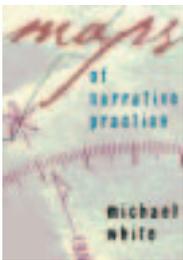


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DULWICH CENTRE PUBLICATIONS

Books, journals and DVDs about narrative practice

NEW RELEASES – BOOKS

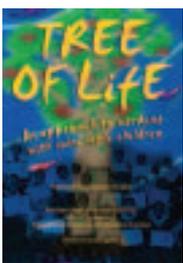


Maps of Narrative Practice by *Michael White*. In this long awaited book, Michael White outlines the key maps of narrative practice - externalising, re-authoring, re-remembering, definitional ceremonies, scaffolding conversations and ways of highlighting unique outcomes. This book pulls together and summarises the key therapeutic ideas and practices that have come to be known as narrative therapy and does so in an accessible and engaging way. It also introduces a way of mapping therapeutic conversations that provides a framework for practitioners. This book is an ideal starting point for practitioners exploring narrative ideas but it is also recommended for experienced narrative therapists. As Jill Freedman describes: 'In simple language that retains the complexity of narrative ideas, Michael White has written a compelling text that is both practical and inspiring.' This hardback book is published by W. W. Norton.

Conversations about gender, culture, violence & narrative practice: Stories of hope and complexity from women of many cultures. Edited by *Angel Yuen & Cheryl White*. This inspiring book consists of writings from women of many cultures about initiatives, projects and ways of working to respond to violence. This collection will be powerfully relevant to practitioners working with individuals, families and/or communities whose lives are affected by violence and abuse. It includes practice-based chapters describing narrative ways of working with those who have experienced violence and also creative ways of engaging with men and women who have enacted violence against others.



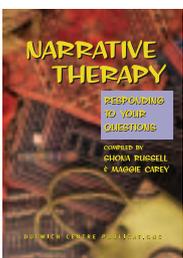
NEW RELEASE – DVD



Tree of Life: A narrative approach to working with vulnerable children. Presented by *Ncazelo Ncube*. This is the first DVD produced by the Dulwich Centre Institute of Community Practice! Filmed in Arua, Uganda, it describes 'The Tree of Life Exercise' which is a creative and easy to use narrative approach to working with vulnerable children. This DVD will provide invaluable support and ideas for practitioners working with children. This approach enables children to speak about their lives in ways that make them stronger. It also provides a forum for children to speak collectively about difficulties they are facing and ways of responding to these. It was developed during a workshop at Masiye Camp in Zimbabwe in 2005 and since then has been put to use in many different countries and contexts. The DVD is 70 minutes long.

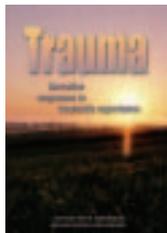
For those new to narrative therapy

What is narrative therapy? An easy-to-read introduction by *Alice Morgan*. With accessible language, a concise structure, and a wide range of practical examples, this is a very popular easy-to-read introduction to the ideas and practices of narrative therapy. This book covers a broad spectrum of narrative practices including externalisation, re-remembering, therapeutic letter writing, and the use of rituals, leagues, reflecting teams, and much more. If you are a therapist, health worker, or community worker who is trying to apply narrative ideas in your own context, this book has been written with you in mind.



Narrative therapy: Responding to your questions compiled by *Shona Russell & Maggie Carey*. How do you know what to externalise? How do you begin a re-authoring conversation? Why is it important for there to be witnesses to preferred stories and what are definitional ceremonies? When are you likely to engage in a re-remembering conversation? What is poststructuralism and how is it relevant to the therapy world? What is the fit between feminism and some of the practices of narrative therapy? This book offers answers to these questions and many, many others! We recommend this book as the perfect companion to Alice Morgan's *What is narrative therapy? An easy-to-read introduction*.

Key texts on narrative therapy



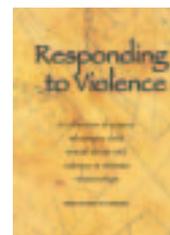
Trauma: Narrative responses to traumatic experience edited by *David Denborough*. This wide-ranging, thoughtful, practice-based book provides clear explanations about how to use narrative ideas to respond to people who have endured traumatic experience. Key themes include ways of ensuring that people are not re-traumatised during counselling; 'double listening' – listening not only to the story of trauma, but also to how the person has responded to what they endured; new approaches to 'trauma de-briefing'; and ways to acknowledge the values, skills, and knowledge of those who have experienced multiple traumas. We hope these stories of inspiring work from Australia, Bangladesh, Sri Lanka, Palestine, Israel, and South Africa will lead to continuing creativity in your work.

Narrative therapy with couples ... and a whole lot more!: A collection of papers, essays, and exercises by *Jill Freedman and Gene Combs*. This popular book introduces the reader to the complexities and possibilities of narrative therapy with couples. Five separate papers offer thorough explorations of theory and practice. Detailed examples of therapeutic work with heterosexual couples are provided. This book also includes a number of delightful chapters about narrative work with children, as well as a range of essays and exercises.



Narrative therapy with children and their families by *Michael White and Alice Morgan*. Michael and Alice share stories from their work with children and their families, and the ideas behind this work – including detailed explanations of externalising practices, scaffolding conversations, and ways of inviting others to act as an audience to consultations with children. Just some of questions taken up in this thoughtful and practical book are: When there is conflict between parents and children, how can therapists create a context for collaboration? How can counsellors respond to children who have experienced trauma? When a therapy session is going 'nowhere', what might be helpful to reflect upon? If you work with children, this easy-to-read and rigorous book will be a treasured companion.

Responding to violence: A collection of papers relating to child sexual abuse and violence in intimate relationships This practice-based book documents creative ways of responding to violence. The papers in the first section focus on working with those who have experienced child sexual abuse, while the papers in the second section focus on violence in intimate relationships. The third section describes work with men and young men who have enacted violence. Complex issues are considered such as the question of forgiveness; ways of acknowledging and responding to women's outrage; the experience of men who have been subjected to child sexual abuse; and matters of culture and sexuality.



Narrative practice and exotic lives: Resurrecting diversity in everyday life by *Michael White*. Are you seeking ways of working with couples that dissolve conflict? Looking for therapeutic options to address the sense of personal failure so commonly experienced by those who seek counselling? Wanting to understand how considerations of history and culture shape the therapeutic endeavour? Determined to assist people to free themselves from negative conclusions they have formed about their identities and relationships? This book contains powerfully moving transcripts of therapeutic conversations alongside explorations and explanations of narrative practice.

Working with the stories of women's lives collected by *Dulwich Centre Publications*. This book is overflowing with writings from a diversity of women about their own lives and the women with whom they work. Chapters include: ways of understanding gender relations; talking about birthing stories; making sense of illness narratives and eating issues; overcoming the effects of sexual abuse; women's experiences of immigration; the interface of gender and culture; dilemmas facing women's collectives; the stories of lesbian lives; working with older women ... and many, many more!



Queer counselling and narrative practice edited by *David Denborough*. The writings in this book represent a small part of a broader transformation that is occurring within the health professions. Lesbian, gay, bisexual, trans- and bi-gendered experience is disrupting the very assumptions upon which these professions are built. The boundaries of nuclear family life are dissolving and the taken-for-granted is being replaced with the unexpected. The papers in this book describe some of the dilemmas, challenges, and joys that this is making possible. It also includes detailed descriptions of narrative practice in a range of settings.

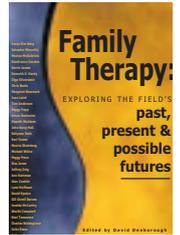
Telling our stories in ways that make us stronger by *Barbara Wingard & Jane Lester*. In this graceful, strong, and groundbreaking book, Barbara Wingard and Jane Lester relate stories of their lives and work as two Indigenous Australian women. These stories offer hopeful and practical ideas in relation to a wide range of issues facing Indigenous Australian families including grief, diabetes, family violence, homelessness, and developing culturally-appropriate services. This book offers stories that will inspire and sustain.





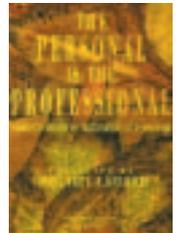
A community of ideas: Behind the scenes by *Cheryl White & David Denborough*. Over the years, we've been asked some questions many times about our work at Dulwich Centre Publications – this book is an attempt to answer them! This book describes ways of linking practitioners through the written word; ways of hosting conferences as community events; and ways of organising training programs that are congruent with narrative ideas. It also contains stories of adventures from 'behind the scenes'. Relevant to anyone interested in narrative therapy ideas, this book will be especially valuable to those teaching, organising events, building community, and/or publishing.

Family therapy: Exploring the field's past, present and possible futures edited by *David Denborough*. In these personal and thoughtful interviews, influential family therapists from different parts of the world invite the reader into their worldview and the history that has shaped it. In some circumstances, they also offer reflections and regrets about aspects of past practices, and they speak of what continues to inspire them. This is a friendly and intimate book which enables readers to engage with the history and diversity of ideas of the field of family therapy and also to get to know, in some small way, those whose stories are contained in its pages.



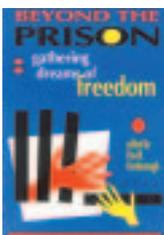
Invitations to responsibility: The therapeutic engagement of men who are violent and abusive by *Alan Jenkins*. This influential and compassionate book explores ways of working with adult men and young men who are violent and abusive. It gives practical examples of how they can be invited to discover more sensitive, respectful, and personally rewarding ways of relating to others. Part One focuses on explanations of violent and abusive behaviour. Part Two examines the process of engaging men who have abused their partners. Part Three focuses on engaging with men who have sexually abused a child.

The personal is the professional: Therapists reflect on their families, lives and work collected by *Jane Hales and Cheryl White*. This collection is a celebration of relationships and stories. Within it, therapists share personal stories that inform the work they do. Their writings encourage us to think about what it is in our lives that leads us to creativity in therapy. They invite us to consider the relationship between our own lives and the lives of people with whom we work. This beautiful book makes the perfect gift for colleagues or friends who work with the stories of other people's lives.



Re-authoring lives: Interviews and essays by *Michael White*. Are you looking for hope in your work with people who are considered to have chronic problems? Interested in literature and would like to find ways to express this in your work? Developing ideas for consulting with people who have survived abuse? Conscious of issues of power and want to make your practice more accountable to the people who seek your help? Interested in recent developments in social theory and their implications for practice? Or wanting to work collaboratively with others in the generation of new possibilities for their lives? If so, this book will be of relevance to you.

Extending narrative therapy edited *Cheryl White & David Denborough*. This book contains papers which take the practices of narrative therapy into new territories. Featuring four key chapters relating to sexual abuse and sexual assault issues; as well as chapters on work in relation to marijuana use; interviewing racism; the work of a high school 'Anti-Harassment Team'; talking about homophobia in schools and much more! These papers extend on possibilities in relation to externalising conversations, group work, and community work.



Beyond the prison: Gathering dreams of freedom edited by *David Denborough*. At present, prisons are seen as a logical response to crimes of poverty and crimes of violence. And yet, the desolation, degradation, and violence of prisons may be causing our communities far more harm than good. This book offers a glimpse inside the world of prisons as well as documenting inspiring work in a range of communities in Australia, New Zealand, and North America that is offering to take us beyond the prison. Most particularly, this book is written to offer company and practical ideas to those working with adults and young people whose lives are lived in the shadow of prisons.

Experience, contradiction, narrative & imagination by *David Epston and Michael White*. This volume is a collection of earlier papers by David Epston and Michael White. The chapters cover a range of subjects including: personal reminiscence; particular therapeutic practices; practical approaches to various problems; theoretical, political, and philosophical considerations; structures and issues pertaining to training and supervision; and processes of questioning in the co-authorship of preferred stories.



'Catching up' with David Epston: A collection of narrative practice-based papers Ever wanted to catch up with David Epston over a cup of tea or coffee and talk through the most significant aspects of his work? If so, this collection of practice-based papers is for you! Written in an engaging and entertaining style, the papers in this book trace the influences in David's recent work and explore in detail his therapeutic consultations. Specific sections address internalising / externalising conversations, celebrating specialness, letter writing, and his approach with so-called anorexia/bulimia.

The International Journal of Narrative Therapy and Community Work



If you're interested in working with people in ways that:

- are respectful and non-pathologising
- bring forth people's own skills and knowledges about their lives
- are inspiring, hopeful, and energising

then *The International Journal of Narrative Therapy and Community Work* is for you!

The International Journal of Narrative Therapy and Community Work offers hopeful and creative ideas for counsellors, social workers, teachers, nurses, psychologists, and community workers. In each issue, practitioners from a range of different countries discuss the ideas and practices that are inspiring them in their work, the dilemmas they are grappling with, and the issues most dear to their hearts. Published four times per year, a subscription to *The International Journal of Narrative Therapy and Community Work* will ensure the latest ideas and practices are delivered to your door!

Popular journal back issues

A wide range of popular back issues of the journal are also available. These include special issues on themes of 'Love', 'Crisis and community', 'Young people', 'Complexity', 'Narrative therapy and research', 'Responding to Trauma', 'Talking about families', 'Homelessness', 'Taking the hassle out of school – and stories from younger people', 'Challenging disabling practices', 'Deconstructing Addiction' and many others! A full list of journal issues can be found on www.dulwichcentre.com.au and www.narrativetherapylibrary.com



Stay in touch... Dulwich Centre Email News – subscribe to this free news-sheet!

Our free email news-sheet contains announcements of new releases of publications related to narrative therapy; invitations to participate in various projects; news of training courses and special events; scholarship announcements; calls for papers for conferences; calls for papers for special issues of *The International Journal of Narrative Therapy and Community Work*; responses to current broader social issues; and any other news item that we think subscribers may be interested in. We hope you will become a subscriber! **Email: newsandconnections@dulwichcentre.com.au**

Internet resources:

www.dulwichcentre.com.au ~ a gateway to narrative therapy & community work: The Dulwich Centre website contains articles to read, songs to listen to, descriptions of community projects, information about training opportunities and conferences, as well as further information about books and journals and how to contact your local distributor. It is also the home of *Narrative Connections: An international network of narrative practitioners* and the *Deconstructing Addiction League*.

www.narrativetherapylibrary.com ~ a library, bookshop and research assistant: Within the Narrative Therapy Library it is possible to research, browse and purchase writings about narrative therapy. It contains free articles about narrative practice that can be downloaded immediately. A further range of papers, book chapters and e-books can be purchased for a small fee and then downloaded, and a range of books, journals and DVDs can be purchased and shipped to you. This site also contains a bibliography of articles, books and journals about narrative therapy and community work which can be searched via author, title or keyword. This bibliography is the most thorough way to discover papers about your particular area of interest. Please check it out!



Narrative Connections: An international network of narrative practitioners

This web-based network enables narrative practitioners to seek out others who are interested in narrative ideas in their own area; build a sense of community of practice; find narrative supervision and teaching options in their own area; and seek out other people to refer to in other parts of the country and/or world. We are inviting practitioners (you!) to join! A small membership fee applies to cover administration costs. We hope you will become a member of Narrative Connections and assist in building links between those interested in narrative ideas in different parts of the world. To join, email: **newsandconnections@dulwichcentre.com.au**

Dulwich Centre Foundation Incorporated

The Dulwich Centre Foundation is a not-for-profit association dedicated to working in partnership with communities facing significant hardships (poverty, racism, discrimination, dispossession, trauma, violence, abuse, drug and alcohol issues, and so on). The development of effective and hopeful methodologies of community and collective practice is a key feature of this work. The Foundation also seeks to support and offer training to workers and local community leaders who are taking action to address issues of sexism, racism, poverty, heterosexual dominance, and other forms of discrimination. Work is currently occurring in partnership with practitioners in Bangladesh, Palestinian Territories, Rwanda, South Africa, within Indigenous Australian communities and elsewhere. If you would like to support the work of the Foundation we would really appreciate this! Donations to the Foundation can be made via the form enclosed. Donations of AUD\$100 or more entitle practitioners to receive a regular email update about the work of the Foundation. We are also often seeking volunteers. Thank you for your support! More information about the work of the Foundation can be found on www.dulwichcentre.com.au/foundation.htm