

A response from Yael Gershoni and Saviona Cramer

Hello to everyone viewing this Friday Afternoon at Dulwich Centre,

We enjoyed very much watching Margarita's video.

The presentation is very clear, sharp and pleasant to listen to, and it was easy to follow the ideas. It evoked good memories of our times together in the Ackerman Institute.

The part that touched us the most was the last part – about the exercises. As Margarita brought Harlene Anderson's quote 'Fruit for Dialogue and Thought' – we feel that the exercises could be an opening for thoughts, ideas and discussions for rich story development.

Maybe Margarita can talk more about those exercises. We believe the exercises can evoke for the viewer of the video discussions that can lead to richer maps of Narrative Practice.

The three exercises we liked the most are:

- cards that work on the club of people in our life.
- working with variations of songs and movies
- the idea of Flow.

We are curious and intrigued to hear more about it.

We are also intrigued by the 'counter DSM' that looks for admired and appreciated human qualities. Margarita's comparison of the use of curious inquiry in narrative questioning, to doing a small research, also touches our imagination.

What was different for us is coming from the position of knowing what is helpful for people. We are challenged by the idea of how to use the same ideas and exercises in a more tentative way, from a position of not knowing.

If, for example, the skills and qualities like 'wellbeing', 'creativity' and 'happiness' and so on are deconstructed, as Margarita offers in the exercises, it leads to a not-knowing position and makes the knowledge of the person the center of inquiry.

We are glad to be part of this.

From
Saviona and Yael
Tel Aviv, Israel