Statement of Position Map 1 - SYNOPSIS

1. Characterise the problem in an experience-near way
2. Connect the problem in to its antecedents, effects, links with others etc
3. Describe your experience of and position on the effects of the problem.
4. Locate this experience and position within your wider values.

Intentions:

• To externalise the problem
• To characterise it in ways that make the person the expert on the problem.
• To provide a full acknowledgement of the effects of the problem.
• To link the problem in time, relationships and context.
• To enable the person to position themselves outside and in opposition to the problem.
• To locate this position in the wider values of the persons life.

Typical uses:

• At start of work when clients want to talk about the problem - especially in internalising ways.
• When a persons difficulties are experienced as unheard, unacknowledged or misunderstood.
• When a new problem emerges.

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