

Statement of Position Map 1 - SYNOPSIS

- 1. Characterise the problem in an experience-near way**
- 2. Connect the problem in to its antecedents, effects, links with others etc**
- 3. Describe your experience of and position on the effects of the problem.**
- 4. Locate this experience and position within your wider values.**

Intentions:

- To externalise the problem
- To characterise it in ways that make the person the expert on the problem.
- To provide a full acknowledgement of the effects of the problem.
- To link the problem in time, relationships and context.
- To enable the person to position themselves outside and in opposition to the problem.
- To locate this position in the wider values of the persons life.
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Typical uses:

- At start of work when clients want to talk about the problem - especially in internalising ways.
- When a persons difficulties are experienced as unheard, unacknowledged or misunderstood.
- When a new problem emerges.