



# Narrative Therapy One Week Trainings at Dulwich Centre – Level One

with members of the Dulwich Centre Faculty

**Dates:** 14<sup>th</sup> – 18<sup>th</sup> September 2020

**Cost:** \$1200 (includes 10% GST)

These one-week intensive trainings will provide an immersion in the practices of narrative therapy. Narrative therapy centres people as the experts in their own lives and views problems as separate from people. Narrative approaches assume that people have many skills, competencies, beliefs, values, commitments and abilities that will assist them to reduce the influence of problems in their lives. The word ‘narrative’ refers to the emphasis that is placed upon the stories of people’s lives and the differences that can be made through particular tellings and re-tellings of these stories. Narrative therapy involves ways of understanding the stories of people’s lives, and ways of re-authoring these stories in collaboration between the therapist and the people whose lives are being discussed. It is a way of working that is interested in history, the broader context that is affecting people’s lives and the ethics or politics of this work. It is a hopeful approach. When using narrative approaches, it is often possible to address serious problems in playful and respectful ways.

These one-week workshops have been specifically designed for those who are relatively new to narrative ways of working or those who have had some exposure to the ideas and would now like the opportunity to more rigorously engage with narrative practices. This course will feature a review of key narrative ideas and practices, including recent developments, including:

- Externalising conversations: the person is not the problem, the problem is the problem
- Re-authoring conversations: telling our stories in ways that make us stronger
- Outsider-witness practices: linking lives and the use of audiences
- Re-membering conversations: considering the memberships of our lives
- Listening for alternative storylines
- Documenting change: The use of letters and certificates

Stories of therapeutic conversations, videotapes, transcripts and therapeutic letters will be shared that relate to work with adults, children and families. Detailed descriptions and illustrations of maps for therapy will be given. What is more, during the week, many opportunities will be provided for participants to develop their own skills in narrative questioning through training exercises. We have found this to be particularly helpful in order for participants to then be able to use narrative practices in their own work context. This intensive workshop will be relevant to counsellors, therapists, psychologists, social workers, welfare workers ... indeed anyone who is working with the stories of people’s lives.

Dulwich Centre is an internationally renowned narrative therapy training institute, a counselling centre, and an organisation which is regularly engaged in community projects. Dulwich Centre has a long history of offering these one week intensive workshops. Michael White offered these events at Dulwich Centre since the mid-1980s. We are now continuing this tradition. This training will be offered by Dulwich Centre Faculty members who work as both therapists and teachers and who trained and worked alongside Michael White over many years. Dulwich Centre has a training philosophy that ensures that those teaching narrative therapy are also maintaining a therapy practice themselves. We have found that this leads to rich and rigorous training conversations. These training events are organised by the Dulwich Centre Faculty.

## Course Timetable

Monday	9:00am to 4:30pm (from 8:30am to register and meet participants)
Tues, Wed & Thurs	9:00am to 4:30pm
Friday	9:00am to 4:00pm

# Registration Form

(full payment must accompany registration)

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COST: AUD\$1200 (includes 10% GST)

**TAX INVOICE**

ABN 19 966 018 973

### Please write clearly

First Name: ..... Last Name: .....

Organisation: .....

Postal Address: .....

Suburb/city: ..... State: ..... Zip/Postcode: ..... Country: .....

Email: .....

Phone: (wk) ..... (hm/mob) ..... Fax: .....

Aboriginal or Torres Strait Islander Status:

- Aboriginal       Torres Strait Islander       Aboriginal and Torres Strait Islander  
 Rather not answer       No

I have enclosed a cheque/money order to Dulwich Centre Pty Ltd  
for AUD\$ \_\_\_\_\_

OR

Please debit my Visa / Mastercard for AUD\$ \_\_\_\_\_

\_\_\_/\_\_\_/\_\_\_/\_\_\_    \_\_\_/\_\_\_/\_\_\_/\_\_\_    \_\_\_/\_\_\_/\_\_\_/\_\_\_    \_\_\_/\_\_\_/\_\_\_/\_\_\_

Expiry date on card: \_\_\_/\_\_\_

Name on Card: ..... Signature: .....

**Please send your registration form, with *payment in full*  
(cheques payable to 'Dulwich Centre Pty Ltd'), via post / fax / email, to:**

Course Co-ordinator, Dulwich Centre  
Hutt St PO Box 7192  
Adelaide 5000 South Australia

Fax: + (61-8) 8232 4441    Phone: + (61-8) 8223 3966

Email: [dcp@dulwichcentre.com.au](mailto:dcp@dulwichcentre.com.au)

Please note, payment must be made in full at least one week prior to the commencement of the intensive,  
or your place will be forfeit.

**Cancellation policy:** Please note, in the event of a participant needing to cancel their registration, it is possible to exchange their place with another person, or to receive a one-off transfer of their place to a future Intensive within one year of the original Intensive at no cost. Transfers can be made up to one month prior to the Intensive (except in extenuating circumstances). If you need to cancel your place (and cannot exchange or transfer) there will be a \$55 administrative fee. If you cancel your place less than one month prior to the course there will be administrative fee of \$110. If you cancel your place in the week leading up to the course we will not be able to offer any refund.

For information about accommodation possibilities nearby to Dulwich Centre, please see our website:  
[www.dulwichcentre.com.au/accommodation-in-adelaide](http://www.dulwichcentre.com.au/accommodation-in-adelaide)

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