

Responses to some frequently asked questions

Thank you so much for your interest in the conference! We are so looking forward to the event and to seeing you in beautiful Kigali. Here are responses to the questions that some of you have sent through. We hope these are helpful. We will send further updates soon.

Where is the conference being held?

The conference is being held at the Lemigo Hotel: https://www.lemigohotel.com/ [Please note, if you wish to stay at the Lemigo Hotel it's better to book directly via: Nadia Kabirigi, Assistant Front Office Manager, Lemigo Hotel, Phone: (+250) 782 597 179 / (+250) 784 040 924, E-mail: fom@lemigohotel.com

• What airport do I fly into?

The Kigali International Airport.

• Do you have any information re tips re safety in Kigali and Rwanda?

This website seems to offer some helpful information: https://www.euronews.com/travel/2022/01/24/rwanda-the-6th-safest-country-for-solo-travellers-new-survey-finds

Transportation ideas to/from the airport and to the conference venue

There is a free shuttle from airport to the Lemigo Hotel (if you are staying at the hotel).

Can we receive an invitation letter to show at the airport?

Yes. We are happy to send you an invitation letter that you can show upon arrival!

 What are the current COVID isolation requirements upon arriving in Kigali? And how what COVID precautions will the conference be taking.

The reason we are able to go ahead with the conference in August is because of the diligence and seriousness with which Rwandan health system takes COVID-19 and their success at containing the pandemic. We will be working closely with health officials to ensure a COVID safe event. All conference participants are required to be vaccinated and tested negative 48 hrs prior to the event. Rapid covid-19 testing options will be available at the hotel on the first day of the conference. We will be prioritising hygiene, social distancing and ventilation. At the next page we list the current COVID requirements. These (of course) may change between now and the conference and if so, we will update you about this.

Who can attend this conference? Is it only for narrative practitioners?

You do not have to be a narrative practitioner to attend the conference ... you only need to have an interest in narrative therapy and community work! There will be both introductory and advanced workshops during the five days.

• For people who won't be able to attend the conference in Rwanda, is there any link that we could join through zoom?

The conference will be a face-to-face event only. We have been longing for a chance to meet together in the same place! And it will also be lovely to be free for a while from screens and internet connections. So there will not be an opportunity for people to zoom in during the days of the conference. However, we do have a plan for those who would love to attend but cannot.

We are going to do good quality video recordings during the event ... and then sometime later (we'll need a few months to edit the footage) we will hold an online event. People can watch the recordings and then come online to ask questions to the Rwandan presenters. We will ask people who want to participate in this way to sponsor a local Rwandan to attend the conference ... and then, in exchange, they will be able to be part of the online event. The first person to take this up has been Fariba Ahmadi, an Afghani colleague who now lives in Adelaide. Fariba so wanted to come and be part of the conference and also support Rwandan practitioners that this whole idea came out of conversations with her. If you know anyone who you think would be interested in being involved in the conference this way, please ask them to email Charlotte at dcp@dulwichcentre.com.au

Will there be any organised trips outside of Kigali?

If you wish to organise trips outside Kigali we recommend you contact Claudien Nsabagasani and his company, <u>Birding and Educational Tours Rwanda</u>, which runs many different tours experiences.

However, for individuals or groups who would like to visit psychosocial and mental health related community projects and others, we recommend to reach out to <u>Geruka Healing</u> <u>Centre</u>, an independent centre in Rwanda and they can help in advising and recommending community projects to pay a visit both in Kigali or outside Kigali.

• Can you give us more information on the conference structure and presentations

A draft program will be available soon! There will be a welcome event on the afternoon of Sunday 7th August. The Monday and Tuesday will feature pre-conference half-day and all-day workshops. The 3-day conference will formally open on Wednesday morning and run from Wednesday-Friday (10-12th August). It will include a series of keynotes (delivered in partnerships – always featuring both Rwandan/African and international presenters) and workshop sessions in which there will always be a choice between presenters from Africa and presenters from other continents. There will also be an emphasis on artistic practice (including song). Hopeful narrative responses to profound suffering (individual and

collective) will be shared. Because this conference is a collaboration with SOS Children's Villages Rwanda there will be many presentations in relation to work with children, young people and reintegration with families and communities. Collaborations with Opramamer (a significant national peer mental health network) will also be featured. It's going to be a vibrant week!

Thanks for all your questions! Will update this document as we move closer to the conference. Below you will find info re Rwandan health safety policies.

Health safety policies that are currently practiced in Rwanda (current as of 26th April 2022)

The arrival in Rwanda

You must be vaccinated and have a 48hours PCR test and you pay for another PCR test when you arrive at the airport in Rwanda right at the airport (method pay money to the BK branch at the airport but they might also pay directly USD 60 in cash at the Covid-19 related personnel at the airport before they get tested). After that you go to your hotel/guest house or to any of your destinations, there is no self-isolation currently. The results of the test are provided within 24 hours period. People arrange for themselves a way to reach their accommodations.

People travelling have to fill out the passenger locator form, they can do this even before embarking on the journey and they can carry the printed copy to make it easier. <u>Click here</u> for how to access the passenger locator.

In case you text positive on arrival

In case the results are positive for Covid-19 infection, they give you directions to take during the period you're self-isolating for about 7 days and doing another testing after the 7-day period.

Conference

You must be vaccinated to attend the conference. As long are you are vaccinated and had a PCR test upon arrival to the country there is no need to take a new one for the conference, besides you may still use the same test results since they last for 7 days. In case 7 days are over, all participants in a conference are required to have rapid tests. If you are in this situation, write to us and we may be able to arrange a health official to come to the venue to test those who need them and pay USD 5 per test.

If you test positive while in the country

If one tests positive while in the Country, you're required to self-isolate. If symptoms get severe, you're admitted to a specialized healthcare facility at your own costs (These are treatments costs not a flat fee so please ensure you take out travel health insurance prior to travelling). If you do end up requiring health care while in Rwanda our team will stay closely in touch with you and do all we can to assist.

Leaving the country - When departing the country, you are supposed to take a PCR test within 48 hours before your departure. We will update participants during the conference about the best way to arrange this.