

### **Re-Membering Map Exercise**

An exercise with one interviewer and one person being interviewed.

Begin by identifying a figure from the interviewee's life, real or imaginary, whose influence was positive. Then follow-up with questions in these areas:

### 1. Enquiring about what the re-membered figure contributed to the person's life:

- a) Tell me about some of the things you did together?
- b) Tell me about some of the ways this figure contributed to your life?
- c) What kind of difference do you think this connection has made to your life?

## 2. Enquiring how this figure influenced the person's sense of who they are and what their life is about:

- a) What do you think this figure might have appreciated about you?
- b) What did this figure recognise in you that others might have missed?
- c) Can you say a bit more about what this figure brought to your life?
- d) If you could see yourself through this figure's eyes what might you appreciate or value about yourself?

### 3. Enquiring what the person might have contributed into the figure's life:

- a) What might you have done to take in or receive the figures interest in you?
- b) What did you do to join in with their life or interests?
- c) How might these things have made a contribution to the figures life?
- d) What might have been a little different about their life on account of this connection with you?
- e) If the re-membered figure wasn't human: If this figure could have responded to your interest (with the kind of character they had), what might they have done?

# 4. Enquiring into ways this connection influenced the figures sense of who they are or what's important in life:

- a) What might have been made possible for the figure on account of knowing you?
- b) What would you guess your contribution to their life might have had them appreciating about themself?
- c) What might this connection have reinforced or affirmed about what the figure held precious?
- d) If they had known how important this connection was for you what might it have been like for them?
- e) If the re-membered figure wasn't human: What might your valuing of this connection have meant for the author/character/kind of figure this was?

Created by Mark Hayward for the Maps of Narrative Practice free online course