

## Statement Of Position Map 2

An exercise with one interviewer and one person being interviewed. Take about 10-20 minutes, and then switch roles. Avoid asking different kinds of questions or taking the interview into different areas unless you are confident that your practice will stay narrative.

### 1. *Characterising:*

Select a recent action or initiative (no matter how small) you took that seemed to go well. Describe what you did. What words or images come to mind as you describe it?

### 2. *Connecting:*

- a) What were the preceding events or thinking that provided a foundation for this action?
- b) What effects did it have on others? Yourself? Your sense of who you are? What happened subsequently? What you got to understand better?
- c) What other ideas or actions from elsewhere in your life might be connected to this action?
- d) Who might really understand the importance of this?
- e) What future possibilities might flow from this action and its effects?

### 3. *Position:*

What was your experience of this action and its effects? What position do you take on it? How well does it fit with the things you believe in?

### 4. *Values:*

Why do you have the view you do about this? What does this fit with in terms of what you want for your life or work?